



Physical Education Overview



	Autumn	Spring	Summer
Year 3	<p>Invasion Games Development of skills, spatial awareness, teamwork and performance</p> <p>Hockey, Fundamentals, Dance, Swimming</p>	<p>Divided Court Transition into court play, sending a ball, controlled movements and decision making</p> <p>Netball, Short Tennis, Gym, Swimming</p>	<p>Athletics & Strike and Field Development of skills and techniques, friendly competition</p> <p>Athletics, Rounders, Gym, Swimming</p>
Year 4	<p>Invasion Games Play cooperatively, accuracy and control, spatial awareness, development of skills</p> <p>Hockey, Handball, Gym, Swimming</p>	<p>Divided Court Secure sending skills, play fluently, decision making in a game, performance</p> <p>Netball, Short Tennis, Gym, Swimming</p>	<p>Athletics & Strike and Field Development of skills and techniques, analysis of performance</p> <p>Athletics, Cricket, Dance, Swimming</p>
Year 5	<p>Invasion Games Benefits of teamwork, control and precision, appropriate actions, tactical awareness</p> <p>Dance, Hockey, Tag Rugby, Football</p>	<p>Divided Court Sending skills to a target, game situations, develop controlled skills, performance</p> <p>Netball, Tennis, Badminton, Gym</p>	<p>Athletics & Strike and Field Increase fluency, friendly competitive events, improvement on personal bests</p> <p>Athletics, Rounders, Cricket, Gym, Orienteering</p>
Year 6	<p>Invasion Games Secure tactical awareness in games, secure skills and control, achieve personal bests</p> <p>Hockey, Tag Rugby, Football, Gym</p>	<p>Divided Court Demonstrate range of sending techniques, understand boundaries, performance</p> <p>Netball, Tennis, Badminton, Gym</p>	<p>Athletics & Strike and Field Secure knowledge across wide range of sporting events, analysis of performance</p> <p>Athletics, Cricket, Rounders, Dance, Orienteering</p>