



# Trafalgar Schools' Federation



Sarah Keefe, Headteacher

## Golden Newsletter

Spring 1, 2023



Harry Owen, Chair of Governors

### HEAD TEACHER'S MESSAGE

This half term ended with **World Mental Health Week**. The focus of the week was on Anxiety and the Infants and the Juniors both had assemblies around the theme of Anxiety.

We talked about how we might share our worries by talking to friends, adults and by using the class worry boxes. The children shared their ideas on how to ease anxiety through breathing techniques, positive thinking, being with Bailey or their pets and listening to music and poetry. Thank you to Evie in Y5 who played piano at the whole school assembly on Monday.

Across the schools, the children also participated in Safer Internet Day where they discussed how they might ensure they keep safe when using the internet or social media.

I would like to draw your attention to the **importance of attendance and punctuality**. There is a direct correlation between attendance and progress. Please see the chart on the next page.

Finally, please note that **World Book Day** will now be on **Friday 3rd March**.

Wishing you all a lovely half term and we look forward to seeing you back on the 20th of February.

*Sarah Keefe* – Federation Headteacher



### Governor visits this term:

Assessment training for governors  
Geography/History curriculum  
Teaching and Learning  
SEND and Inclusion  
Attendance monitoring

### Chair of Governors' Message

[howen@trafalgarfederation.co.uk](mailto:howen@trafalgarfederation.co.uk)

Harry Owen  
07970 379201

### THANK YOU TO -

**Mrs Davies** – for organising an amazing O2 trip for the Young Voices choir. What a great experience for all of those who took part. Thanks for your time and energy!

**All our fantastic teachers** - for the time and energy to hold their parents' meetings after full days of teaching.

All our **PTA** for organising some great events and fundraising for our school.

**Coach Justin** – for another amazing term of sports clubs

### CONGRATULATIONS

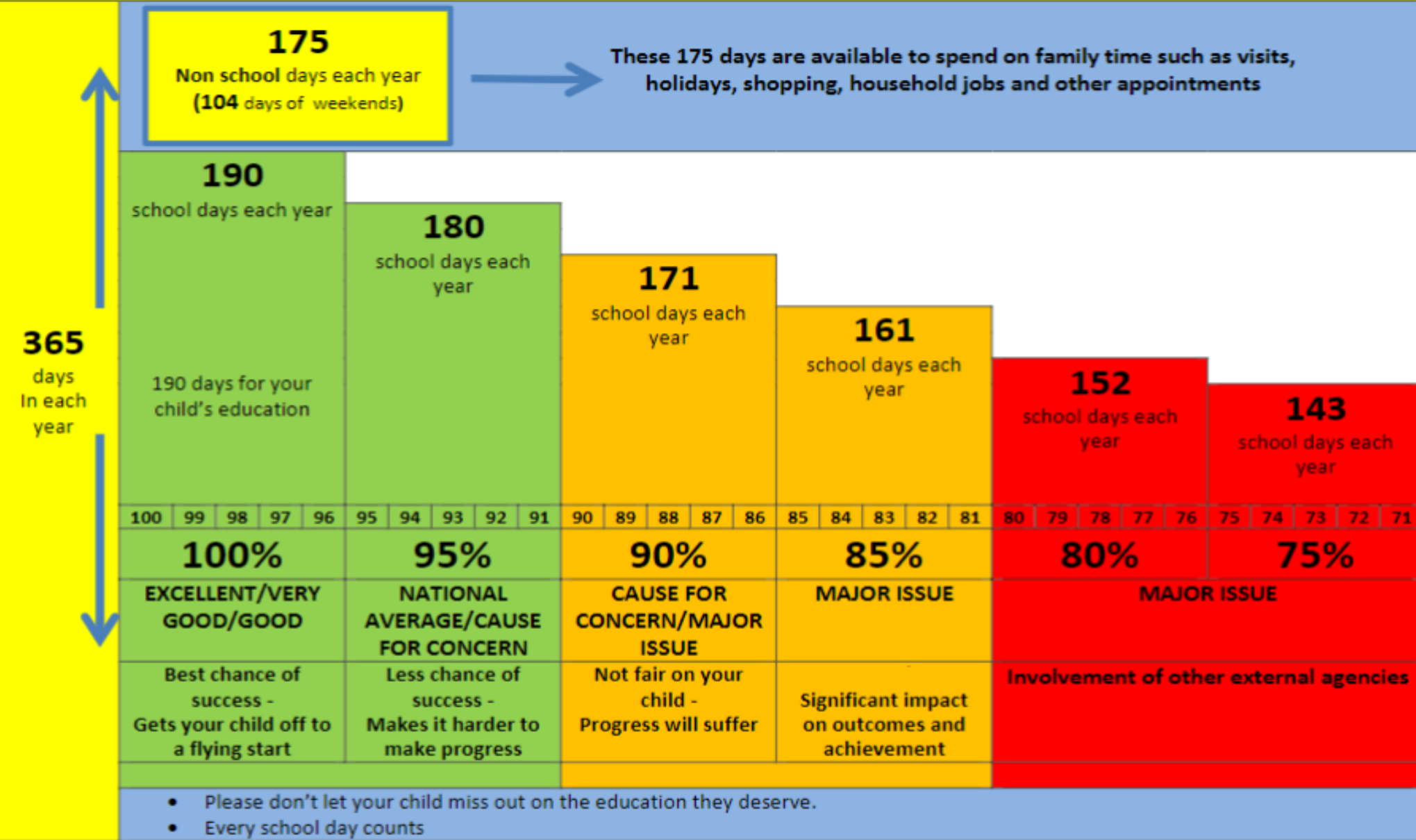
**Mrs Pembrey** on the birth of her baby boy at the start of January. Welcome to the world little Leo!

### Reminder

Please complete the languages survey if you haven't already done so:

<https://forms.office.com/e/DehhvQ64Ye>

# Days off school add up to lost learning!



Here are some basic reminders about attendance.

- We all feel in our comfort zone if our child is achieving a high percentage in tests and examinations. 80% in a test is generally excellent news! The danger is that we may feel the same way about attendance until it is explained.
- If a child has an attendance percentage of 80% then this is equivalent to **missing a whole day every single week**

# Earthquake appeal Turkey/Syria

Thank you so much for all the donations which have gone to <https://www.dec.org.uk/>

Thanks to our School Council and the PTA helpers who collected on the gates this morning.

As a school community we have raised **£1,622**.

This is a huge success and I have heard that some children have kindly donated their pocket money to help others.





# Reception



In Expressive Arts and design we made our own kites inspired by Mary Poppins! We loved learning the song with Mrs Burton and enjoyed writing about our kites whooshing in the wind!



We celebrated Chinese New Year this half term. We had some very special visitors who came in to help us learn all about the year of the Rabbit!

Tia and Harley are the Reception Recycling Rangers! They have been helping to promote the importance of recycling and looking after our environment. Well done!



How lucky are we! Our Mummy's came in to help us create our junk modelling. "I loved making my toothbrush!"  
-Alexa





# Year 1

We have had a busy 6 weeks in Year 1 learning all about machines!

In science we have been learning all about materials and conducting lots of experiments.

We have been learning about significant people in history, we now know that Tim Berners-Lee invented the world wide web and understand how this has changed our lives today! WOW!

In maths we have been representing numbers 0-20 and learning about 1 more and 1 less.

The Iron Man Poem by  
Green Class

The Iron Man is strong  
He has 2 legs that are long  
The Iron Man is stiff,  
He was high up in a cliff.  
He was far, he saw a car.  
There were some sheep and a  
jeep!  
A lad, Hogarth, was sad as...  
The farmers said "The Iron  
Man is bad!"

BLUE CLASS POEM

IRON GIANT  
RUSTY AND HUNGRY  
OPENS HIS MOUTH  
NOW HE MUST EAT

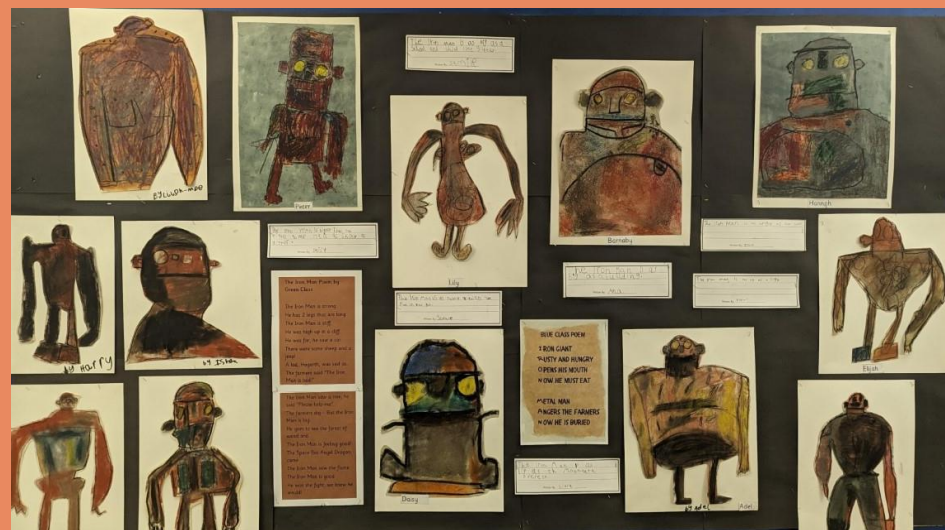
METAL MAN  
DANGERS THE FARMERS  
NOW HE IS BURIED



We made our own  
moving machines!

In Computing we have  
been learning how to  
use PowerPoint  
creatively.

In English we have loved reading and writing  
about the Iron man, look at our amazing art  
and writing display!





# Year 2



## Traditional Tales

A Twist in the Tale? We read several Fairy tale stories, described fairytale characters, retold our favourite traditional tale, wrote speech bubbles and even changed the original ending!

You can't catch me! I'm the Gingerbread Man!

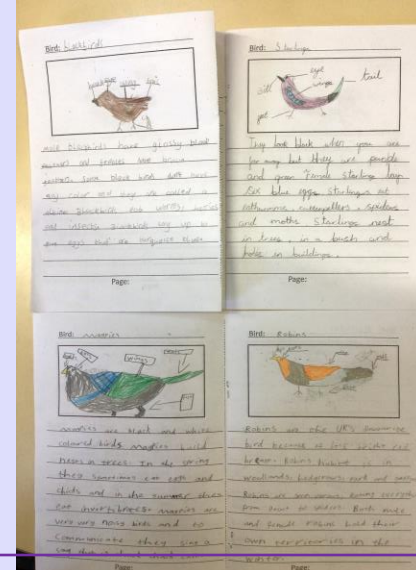
D & T : We planned and made our own Fairytale Puppets, then evaluated our designs.



We made Fairytale E books; we took photos of our puppets and inserted sounds and text!!



Cooking:  
We made Pizza Twirls with a delicious tomato and cheese filling!



Science: We have been learning all about British birds and have created our own bird books.

Maths:  
We have been learning to recognise money and making different amounts.







To **stay safe** online I will always ask a grown up before I use a device and I will think before I click on icons, links and games



I will **always** keep my personal details (name, address, email, photo, username and password) safe and will not share them.



I will always be kind and polite to my **friends** online and will only connect with people I know.

I understand that not everything I see online will be true **facts** and will always check information before using it.

If things get too much and my brain gets **fuzzy** I know to take time out from my device to stop and breathe.



If I see something that gives me the 'uh oh' feeling, **even** if I am having fun, I will tell a trusted grownup.

At school I will turn off the monitor or turn over my tablet, stand up and put my hand up.

# Safer Internet Day

Want to talk about it?

Making space for conversations about life online



Don't forget:

Every Day is Safer Internet Day!

Tuesday 7th February was Safer Internet Day.

Our Y2 Digital Leaders led an assembly for our Y1 and Y2 children explaining the importance of staying safe online and reminding the children of our SSO (staying safe online) rules.



We discussed what we should do and who we can talk to when we get the 'uh oh' feeling and how important it is to talk about our worries.

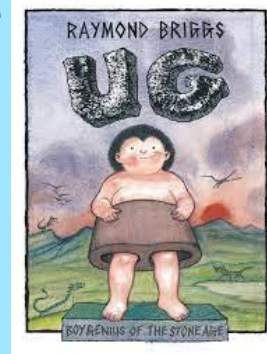


# Year 3

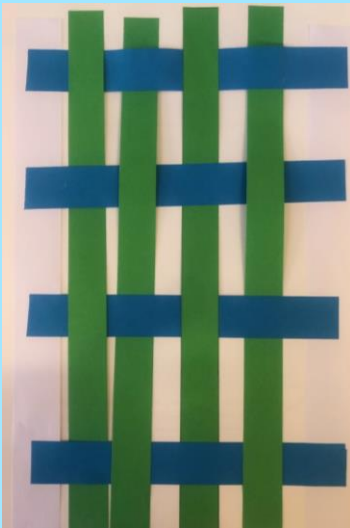
Year 3 have had yet another busy and exciting half term filled with lots of fun and learning!

In History we have been learning all about the Stone Age which has linked in with our English work on the text 'UG' and our science unit on 'Rocks and Soils'. We even had a Stone Age Man visitor who demonstrated how long ago it was using a line of time, used flint to cut through animal skin and set up our school hall into a Stone Age cave!

In English we have been creating our own comic book pages in the style of the text 'UG' by Raymond Briggs where we have been predicting the ending and using speech bubbles.



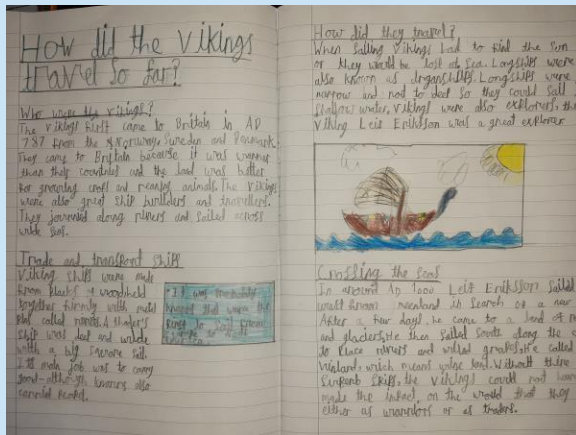
In Art we have been looking at paper and creative craft; we have created our own paper weaving piece and our own decoupage box choosing a theme, colour or pattern.





# Year 4

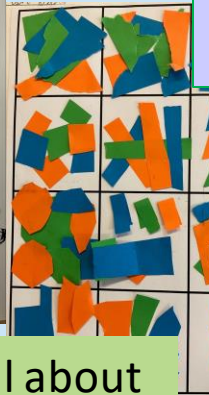
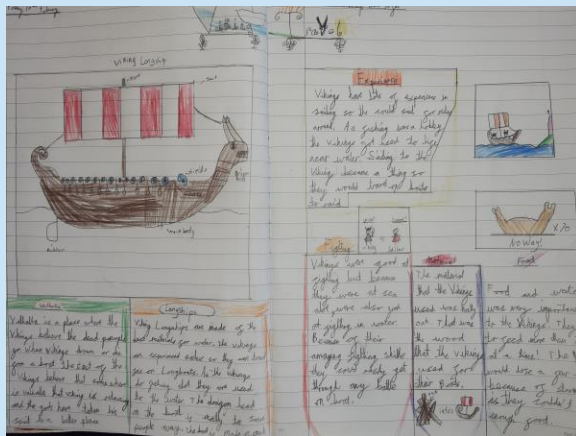
Year 4 have had another busy half term.



In English, we have been working on a piece of non-fiction writing about the Vikings, researching and planning, and enhancing our History learning.



In Computing, we have been creating our own 3D stop motion animation short films. We created storyboards and have then been patiently adjusting our characters and scenery to ensure the animation is as smooth as possible. You should be able to view these on j2e once they're complete.



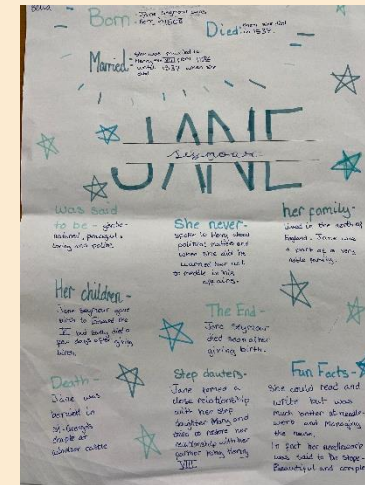
In RW, we have found out about Malala Yousafzai, Bear Grylls, Rabbi Jonathan Sacks and the Dalai Lama and the impact their faith has had on their life.

Our Art lessons this half term have been all about collage. We have practised different collaging skills, building up to us creating some delicious-looking sweet treats!

# Year 5

It might only be a 6 week half term, but we have packed in so much, in Year 5!

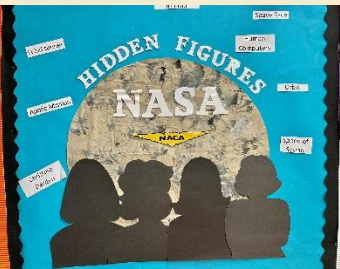
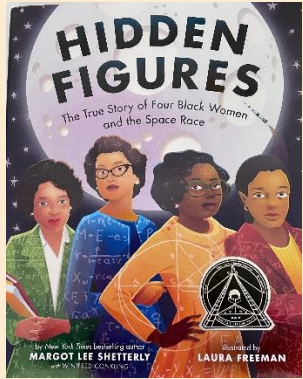
In English, we've been learning about Dorothy Vaughan, Katherine Johnson and Mary Jackson-3 inspirational Black women who worked at NASA. We've written biographies, diary entries and reports. We've learnt about segregation and prejudice and how these women overcame discrimination to achieve greatness.



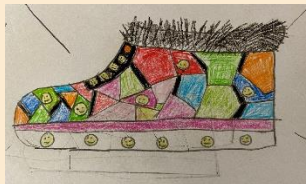
We've been learning about the Tudors, in history. From Henry VIII's wives, and the break with Rome, to Elizabeth I's portraits and the fight with the Spanish Armada. We had a virtual lesson from Hampton Court Palace about John Blanke. We found out that he was a trumpeter, a favourite of Henry VIII and one of the earliest recorded Black people in the UK, after the Romans.



In RW, we have been talking about peace and what it means to us and others.



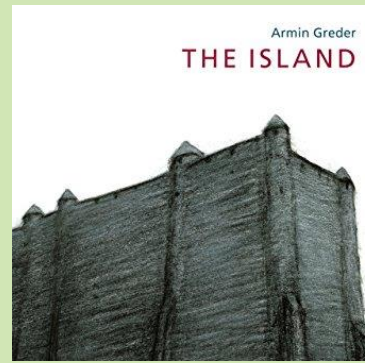
Our design topic, in art, has given us a chance to design hats, shoes, wallpaper... We have loved learning about Vivienne Westwood, William Morris, Jimmy Choo, Phillip Treacy...





# Year 6

In English, we have been writing a sequel to a short story: The Island by Armin Greder. We have had lots of freedom to make the story 'ours'. We have also used the text to help us write a newspaper report and practice our use of passive voice. Although it is short, The Island allows fantastic discussion-based lessons and for us to give our opinions on what we would do in the Islanders' shoes.



In science, we have been learning about evolution and inheritance, including Charles Darwin's Theory of Evolution.

In RW, we have been discussing justice and freedom.



In history, we have been learning about WWII: propaganda, how Britain stood firm as a nation, VE day and much more! We topped our learning off with a great trip to the Imperial War Museum!



In art, we have been learning about modern media, such as sound art, pixel art and algorithmic art



# Mental Health & Anti-bullying



Earlier this week, we spoke to the children in assembly about mental health and reminded them of the support available at school.

A key part of mental health is, of course, feeling safe – and our anti-bullying ambassadors are an important part of this process.

Here's what one of them said:  
***"It's really good helping other children in the playground. We work as a team and have been able to help sort out problems before they get serious."*** Connor, Y5



## Mental Health at Trafalgar

- Support from ALL adults
- Support from adults with specific training – Miss Richards, Mrs B, Mrs Brown
- Support from other children (eg Buddies, Anti-Bullying Ambassadors)
- Bailey – our well-being dog
- Golden Rules & Golden Certificates
- Termly Peace Prizes
- Discussions & assemblies about mental health
- Thought Boxes in classrooms
- Zones of Regulation







**Mrs Kavanagh**

# Inclusion



**Mrs Brown**



Look out for the coffee morning due to run in the spring term on Zones of Regulation and how you can use them at home – we recognise the importance of promoting positive mental health and emotional wellbeing to our students and their families. We aim to create an open culture around the discussion of mental health and wellbeing and to empower our children be able to regulate their emotions. By implementing the Zones of Regulation curriculum we aim to teach our pupils to identify emotions in themselves and others and provide them with bank of strategies to help regulate their emotions and improve their wellbeing.

Blue	Green	Yellow	Red
Sick Sad Tired Bored Moving Slowly	Happy Calm Good to Go Focused Ready to Learn	Frustrated Worried Silly/Wiggly Anxious Excited	Mad/Angry Mean Yelling/Hitting Out of Control I Need Time and Space

## Here are some previous workshops held by

**AfC.** They are accessible by clicking on the name of the workshop below. We hope you find these useful.

[School Readiness](#) (2 parts) - aimed at parents whose children are about to start Reception

- [Supporting Your Child's Transition and Attachment to Secondary School](#) (3 parts) - Covers a range of situations that parents may be concerned about with regards to transitioning to secondary school
- [Introduction to Child Anxiety](#) (3 parts) - Very comprehensive look at what anxiety is and strategies parents can use to support their children who could be experiencing episodes of anxiety
- [Primary School Sleep Workshop](#) - looking at the importance of sleep and strategies to support good sleep hygiene / routines
- [Supporting Young People who experience low mood](#) (2 parts) - Strategies to support parents to support their child's mental health and to help them to recognise signs of low mood in their child
- [Parental Wellbeing when caring for Young Children](#) (2 Parts) - Strategies to support parents to look after their own well being in order to support their children
- [Supporting your child through Bereavement](#) - Strategies to support parents coping and supporting their child with bereavement



RICHMOND

EAL FRIENDSHIP GROUP



- English as an Additional Language (EAL)
- Welcome to Richmond EAL Friendship Group. **Free English Classes**

- **LEARN ENGLISH – MAKE FRIENDS  
BUILD CONFIDENCE**

- [View the current timetable here](#)

 <b>Learn English for FREE while making new friends</b>				
<b>WANT TO FIND OUT MORE?</b> CONTACT OUR OFFICE MANAGER, Anna McGettigan info@richmond-eal.org.uk 07979632440 www.richmond-eal.org.uk				
Healthy Cooking Workshops Weekly Women's Yoga Picnics and day trips to local attractions				
Monday	Tuesday	Wednesday	Thursday	Friday
<b>10.00am to 12.30pm</b> EAL Class ETNA Community Centre, 13 Rosslyn Road, Twickenham, TW1 2AR (Buses H37, R68, R70, 33, 110 and 490)	<b>10.00am to 12.30pm</b> EAL Class St Philip & James Church Hall, Vicarage Road, Whitton, TW2 7BY (Buses 281, H22)	<b>10.00am to 12.30pm</b> EAL Class ETNA Community Centre, 13 Rosslyn Road, Twickenham, TW1 2AR (Buses H37, R68, R70, 33, 110 and 490)	<b>10.00am to 12.30pm</b> EAL Class Crane Community Centre, 56 Meadway, Twickenham, TW2 6PQ (Buses 490, H22)	<b>10.00am to 12.00pm</b> EAL Class Online Zoom class  Approximately monthly
	<b>10.00am to 12.00pm</b> Walk & Talk Bushy Park Meeting at Hampton Hill Gate, usually followed by coffee (Buses R68, R70, 285)	<b>11.30am to 2.30pm</b> EAL Class & Craft Group Ham Youth Centre, Ham Close, Richmond, TW10 7PL (Buses 371, G5)	<b>1.00pm to 3.00pm</b> EAL Class ETNA Community Centre, 13 Rosslyn Road, Twickenham, TW1 2AR (Buses H37, R68, R70, 33, 110 and 490)	<b>Sunday</b>  <b>9.30am to 11.30am</b> Women's Friendship Swimming Club (WFSC) Teddington Hydrotherapy Pool Vicarage Road, Teddington, TW11 8EZ (Buses 33, 281) 
			<b>10.00am to 12.00pm</b> Walk & Talk Marble Hill Park (Meeting near the car park) (Buses 490, 110)  <b>10.30am to 1.00pm</b> EAL Healthy Cooking Club ETNA Community Centre, 13 Rosslyn Road, Twickenham, TW1 2AR (Buses H37, R68, R70, 33, 110 and 490)	



## YOUNG VOICES AT THE O2!

Our choir had a brilliant time at the O2 earlier this term, performing alongside thousands of other children as part of the Young Voices event. It was wonderful to be part of such a memorable concert and to really feel the power of collective singing. We also enjoyed watching the dancers, beatboxers and special guest, Heather Small.





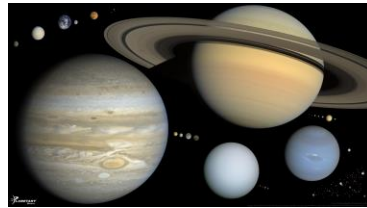
# MUSIC

This term **Year 3 and 4** have been enjoying playing pentatonic music using a variety of instruments including xylophones and metallophones. They were inspired by the Chinese New Year celebrations and 'White Snow in Sunny Spring'; a beautiful piece of music played on a pipa.

Year 4 tried singing in Chinese – a pretty song called 'Mo Li Hua' whilst Year 3 enjoyed a song about Chinese New Year 'Gung Hay Fat Choi'.

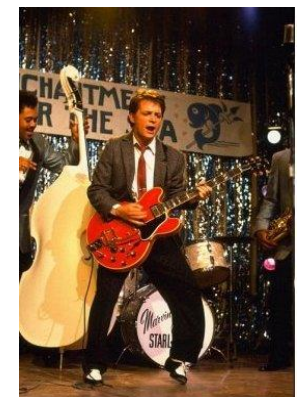
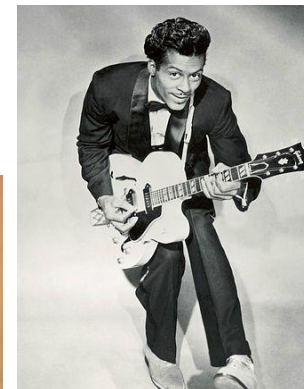


*p* < *f*



**Year 6** have been playing keyboards this term! They had a go at playing a simple 12 bar blues. We discussed morale boosting music of the war years performed by Vera Lynn and, the Big Band/ Swing music that was popular too. Elvis and Chuck Berry featured in our discussions about Rock and Roll music. Did you know that Big Mama Thornton recorded 'Hound Dog' before Elvis Presley made it famous and that Marty McFly gave Chuck Berry the idea for 'Johnny B. Goode'!?

**Year 5** have studied 'The Planets' by Gustav Holst this term. This has linked beautifully with their Space topic. They have focused on the use of dynamics and tempo in each of the different movements in 'The Planets'. We focused on 'Mars' and how the relentless ostinato continues throughout the piece. It has 5 beats, which is unusual. We even discussed Star Wars and how John Williams must have been inspired by 'Mars' as 'The Imperial War March' sounds very similar.





# TJS SPORTS NEWS



It's been another busy half-term of Junior School sporting events and clubs! The big news of the half-term was that our **Indoor Athletics** team (top left) won our local area event by a whopping 48 points. Beating St James's and Stanley to qualify for the Richmond Borough Finals. In the finals an amazing performance saw us finish in a brilliant 3rd place, the schools best ever finish! We also attended the **Richmond Borough Swimming Gala** (top right) with children from Year 4 to 6 and had an amazing day which saw some brilliant 2nd place finishes from some of our Trafalgar swimmers. Some brilliant wins in **Boys football** and **Tag rugby** also saw us confirm our place in the knock-out stages of the year-long borough league competitions. Finally, our **clubs** have been as popular as ever with over 200 children taking part in clubs this half-term. One such club is our swimming club which is held at The Mall School every Wednesday evening. You can see the children enjoying a fun floats game with Mr. Sargentoni in the bottom left picture.

# Maths

February 3rd was NSPCC Number Day! We took part in a friendly 1-day competition on Times tables Rock Stars, involving lots of schools in the United Kingdom. Well done to all the children who participated, and a special mention goes to 5JC for scoring the most points in the school and Artin from 5AJ for getting the most correct answers.

## TABLE TOPPERS



This half term's challenge was Table-Toppers, focusing on accurate and rapid recall of multiplication facts - crucial for learning many mathematical concepts. A very well done to 4BR for making the most progress in this skill!

THIS CERTIFICATE IS AWARDED TO  
**5JC**



**HIGHEST SCORING BAND**

**in Trafalgar Junior School, Twickenham**

**NSPCC ROCKS**

**03.02.2023 - 03.02.2023**

THIS CERTIFICATE IS AWARDED TO  
**ARTIN MONTAFEJ**



**MOST VALUABLE PLAYER**

**in Trafalgar Junior School, Twickenham**

**NSPCC ROCKS**

**03.02.2023 - 03.02.2023**



# Poetry Competition!



A nice thing for your child to do over half-term would be to **write a poem based on one of the covers** of this year's *Spark* books - even though we haven't yet received or started reading them yet! We have, however, spoken about this a few times in assembly.

You can submit your child's poem directly to [sparkbookawards@gmail.com](mailto:sparkbookawards@gmail.com) making sure you use the subject heading '**Poetry Competition**', including your school name and the age category you are in within the email. There are four age categories for this competition: Early Years (Nursery and Reception), Key Stage 1 (Years 1 and 2), Lower Key Stage 2 (Years 3 and 4) and Upper Key Stage 2 (Years 5 and 6).

